

To whom it may concern,

I am writing this letter to request a religious exemption from the mandatory vaccination requirement under the Human Rights code. As a Christian, I wholeheartedly submit to God as the ultimate authority that governs my life, and strive to believe, endorse, adhere to, and obey the teachings of His holy Word, the Bible, as my Creed.

The Bible says in Genesis 1:26-27 that as our creator, God set humans apart in creation by making us in His image and likeness which means that every human life is sacred, from conception to natural death. The sanctity of life is also found in the heart of God's moral law, the Ten Commandments, which states you must not knowingly take another human life (Exodus 20:13).

According to a USA Today analysis of data in the Vaccine Adverse Events Reporting System (VAERS), between 2000-2020, VAERS received 1,005 reports of vaccine-adverse deaths after vaccination from all of the approved vaccines combined (approximately 4 deaths/month). From December 14, 2020, to September 20, 2021, there were 6,981 reported vaccine-adverse deaths following COVID-vaccination in VAERS (approximately 700/month). The reports of COVID-vaccine-related deaths in 10 months (less than 1 year) are exponentially higher than the same reports in VAERS for all other vaccines combined (HepB, HPV, Influenza, MMR, TB, Polio, Varicella, etc.) over a period of 240 months or 20 years. The drastic and detrimental impact on the sanctity of life related to the COVID-19 vaccines is one of the reasons that supporting the mandatory vaccination policy would violate my conscience and spiritual convictions.

As a Christian, I am instructed by Scripture to view my body as a temple of the Holy Spirit and to glorify God in my body and spirit (1 Cor. 3:16-17; 6:19-20). As a result of this belief, I strive to promote healthy eating, regular exercise, and avoid things that are known to have a detrimental effect on my body and spirit. For example, due to a family history of digestive problems, my wife, children and I had our blood extensively tested for various food sensitivities so that we know which foods have a negative impact on our health and have adjusted our grocery shopping, meal preparation, and food consumption accordingly. For the same reason, I also believe in naturally supporting and enhancing my body's systems with proper nutrition, vitamins, natural supplements and organic foods as much as possible.

I believe that God has designed the cell structure and the immune system to fight disease and maintain good health. However, these new types of mRNA vaccines use a synthesized mRNA cloaked in a lipid nanoparticle to evade the immune system. When the vaccine is injected, it infiltrates a cell and the synthetic mRNA instructs the cell to begin pumping out the spike protein of SARS-CoV-2 so that the immune system will mount a response to that protein, supposedly "teaching" it how to fight COVID. Essentially, these COVID-19 vaccines introduce genetic instructions at the cellular level to manipulate how the cell works and responds, which in effect replaces the instructions that God has placed there. For this reason, I cannot in good conscience, accept any vaccination that changes the complete and intended original design of my body by the Creator.

I believe strongly in objective, observable, measurable, and repeatable science. Science agrees with the Bible when it says that we are made "wonderfully complex" by God, our Creator (Psalm 139:13-14), and I believe that He has designed our bodies with a very sophisticated immune system. The incredible design and capability of the human immune system to naturally fight off infectious diseases and to develop robust, long-lasting, adaptable immune responses has been scientifically studied and well-documented over the decades.

Earlier this spring, my family and I contracted COVID-19 as we all had several of the symptoms (e.g., fever/chills, muscle fatigue, loss of taste/smell, gastrointestinal). On August 5, 2021, I had my blood tested for the COVID-19 Antibody Test Panel which revealed that my antibody levels associated with the SARS CoV2 spike protein were elevated, confirming that I had been exposed and developed natural immunity. I believe that the wonderfully complex immune system that God designed enabled me to recover from COVID-19 and my body has developed naturally acquired immunity to it, which makes the vaccine redundant and unnecessary for me.

In conclusion, Christians believe conscience is a God-given internal faculty that guides moral decision-making. Our conscience convicts us when we do something wrong. A rightly functioning conscience inflicts mental distress whenever we violate what we believe is a morally appropriate course of action.

Christians believe that to willfully act against one's conscience is sinful. Romans 14:23 teaches that "For whatever does not proceed from faith is sin." This admonition seems especially pertinent when the action involves something as personal as injecting something into one's body which, according to Scripture, is a "temple of the Lord" (1 Cor. 6:19). In other words, Christians believe it is sinful to do something that goes against their conscience; therefore, it is morally wrong to force anyone to do something that violates their conscience. In the context of the vaccine mandate, it seems appropriate to honor and respect those who have legitimate, morally informed reasons for not receiving a vaccine.

In summary, I believe that the mandatory vaccination policy and vaccine passport violate my God-given rights and spiritual convictions for the following reasons:

1. I believe in the sanctity of life and the COVID-19 vaccines have been reported to have a negative and detrimental effect in comparison to all other vaccines combined.
2. I believe my body was created by God as the temple of the Holy Spirit, and the mRNA vaccines replace instructions in the original design of the immune system by the Creator.
3. I believe that God designed my immune system to be "wonderfully complex" and naturally acquired immunity is just as effective, if not more effective, than vaccine-induced immunity. I have been exposed to COVID-19, recovered, and had my blood tested, revealing that my body has the necessary immunity to the virus and therefore I do not need the vaccine.

As a disciple of Jesus, my spiritual beliefs in God and His Word, the Bible, are my Creed and govern every area of my life, providing the foundation for my spiritual conscience and therefore establish grounds for a religious exemption under the Human Rights code from the mandatory vaccination requirement.

Sincerely,

Mark Varga  
Clinical Educator, Occupational Health & Safety Services  
London Health Sciences Center