



## NATIONAL CITIZENS INQUIRY

Ottawa, ON

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### EVIDENCE

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**Witness 3: Cathy Jones**

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**Shawn Buckley**

Welcome back to the National Citizens Inquiry. As we recommence Day 1 of the Ottawa hearings, I'm pleased to announce our next witness, Cathy Jones. Cathy, can you please state your full name for the record, spelling your first and last name?

**Cathy Jones**

Catherine Frederica Jones; Cathy, C-A-T-H-Y J-O-N-E-S.

**Shawn Buckley**

And Cathy, do you promise to tell the truth, the whole truth, and nothing but the truth, so help you God?

**Cathy Jones**

Yes.

**Shawn Buckley**

Now you're a fairly well-known media personality. Can you share with us a little bit about your career?

**Cathy Jones**

Yes, I'm from Newfoundland; and, as an actor and comedian and satirist and writer, I worked on CBC [Canadian Broadcasting Corporation] from 1986 in a show called "CODCO," where it wasn't strictly about the news. And then in '93, we started doing "This Hour has 22 Minutes." And I spent 28 years on that show—because I don't know when to quit, I guess.

## **Shawn Buckley**

Right, so for people watching internationally, “This Hour has 22 Minutes” was a syndicated comedy program. You worked on that for 28 full years. Now, you were still there when COVID hit. You weren’t there for that long. Can you tell us what happened to “This Hour has 22 Minutes” and, I guess, basically the CBC that you experienced when COVID started to hit?

## **Cathy Jones**

Yes, well, 22 Minutes was just basically trying to comply with the mandates and the protocols that came down with the pandemic. In March, as we were leaving work in 2020, we were off for the summer. I heard talk of a pandemic that was happening. And I was like, “Really? Okay.” I went back to work in the fall 2020, and I was a complete rebel with all of the rules and all of the stuff that was happening. It struck me as completely crazy-making that they would take my temperature to go into work. I fought this every day. I had a really rough time those last six months, and not because these people weren’t trying to be kind and wonderful to me, but because these protocols— I found them insane.

First of all, I’m a person who comes from a background of natural health and working with my own body. And I would be a person that wouldn’t take a flu shot because I’d be looking at the ingredients and stuff like that. So when I started investigating what was going on with the shots and what the PCR test was and all that, I was a pretty difficult person to deal with. Watching an audience watching comedy wearing masks was just like— I think there’s an emoji on my phone of a giraffe with its brain exploding, and that was me.

I found it really, really challenging. Just before that I had been reading a book by James Nestor called *Breath*, about how it’s important to breathe through your nose. The nose actually has all of these great qualities of having nitric oxide in it and these little hairs and everything, and the nose would block viruses. If we just breathe more through our noses, everything would be okay. The whole dismissal of the human body as capable of handling itself if it was healthy really jarred me. And I found it particularly offensive when people say, “Would you put that mask up over your nose please?” And I was like, “But the nose works!” You know, “The nose works for humans.”

So the whole thing just really— I hung in. I really was not fired for not taking a shot or any of that stuff. I was going to be leaving anyway. I just left a couple of weeks early because I was just breaking down. When they would say, “It’s time for your test,” I would start to like, look around. At some points I would actually look at the vent in the ceiling and think, “Maybe I can go out through that vent!”

I was really finding it very irritating. I was shocked. I realized how many people have spent their lives thinking “the doctor is right” and “the government is good.”

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And I was like, “the government has never made any decisions except for based on profit.” And if you think this neighborhood should be preserved, if a guy comes in with money, they’re going to build condos there. And your beautiful buildings are going to be gone. The government— All of a sudden people who should have a healthy— You know, we used to make fun of the government. But suddenly it was like, “They’re right this time.”

And you know, I think it’s because of the fear, I think they made people afraid. I was listening to Robert Kennedy early on and he was like, “As long as people are afraid, they

will do anything. If they think they're doing the right thing, they will do anything. And a man will never believe a fact if his salary depends on not believing it."

There are all of these things that happened that I was insanely aware of. Of course, I was whipped up into somewhat of a frenzy. A lot of us, when we realized what was happening in this country, went into a complete overdrive that made our children get some help or something. Over the last three years, I think we've integrated the information and we've found a way to be within it. But it was a rough, rough couple of years realizing what was happening in this country. And being so shocked that more people—

It takes a long time to adjust to the fact that many people that previously I was intimidated by because they were "intellectuals," really didn't understand what was happening at all. It was really shocking to me.

**Shawn Buckley**

Right. You left the CBC early and you were very frustrated with the attitude they were taking. Now, after you left the CBC, what was your experience of the pandemic? You went back to Newfoundland.

**Cathy Jones**

No, no, I live in Halifax.

My experience was—and is today—that healthcare is in shambles. You only have to look at the documentary about Bernie Madoff to talk about regulatory boards. The regulatory boards have been asleep at the wheel forever, and everybody seems to be bought and owned. And I'm completely devastated by— Anytime that I turn on CBC and hear them whipping up the fear, it was just— The whole thing was crazy-making.

And then in 2021 finding out who was taking the shots, people that I loved, and being really scared for them. It's been a rough ride for many of us who saw what was going on. I feel like the media is complicit in a very disastrous scenario in this country.

**Shawn Buckley**

I just want to follow up on that because I understand your career was as a comedian, and yet you were at the state broadcaster for 28 years. So I imagine there was a culture there, and you kind of just vicariously would have known about their approach to journalism. We've heard from Mr. Rodney Palmer about a change, and I know we're going to be hearing from another witness tomorrow about a change.

And I'm just wondering, first of all, did you see a change in the culture with COVID at the CBC both when you were there and afterwards? And if so, what you thought about that?

**Cathy Jones**

Yeah, you know, we were free to be satirical. We were free to mock what was happening. I don't think a lot of people see what's happening in this country. What kind of country do we live in, and what is Canada becoming, when we can't— It gets pretty serious if people have been cancelled.

I mean, I'm pretty exasperated with the lack of coverage of what's really going on in this country. I wasn't part of the journalistic side of things, and I prided myself on not listening to the news. Which was kind of like, that's just my style.

It's pretty disgusting what's happening:

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that doctors who have dedicated their entire careers to science have lost their jobs and been disciplined for speaking up about things that make sense; that doctors whose patients maybe have a better outcome but they aren't adhering to the rules are doing okay. But doctors who actually have better patient outcomes are losing their jobs because they actually want to be healers.

There's never been a more crazy-making time in the history of the world, I don't think. And I'm shocked that CBC is still— You know, I listen every now and then to see what they're saying, and I hear them being sort of chirpy and kind of podcasty when they say things like, "Hey, the battery for the electric vehicle is going to weigh as much as the world!" And then they're like, "But, I guess that's just the way she's going." I don't understand why we aren't going, "Hey wait a minute, let's do some journalism here, and let's figure out what's really going on here." We're not really doing any investigative journalism in this country anymore.

If Mr. Johnson gives a lot of money to the country club, you don't get up at the talk and go, "Look at that guy!" You don't make fun of your sponsors. And unfortunately, that's the way we've gone. And I've been horrified— If your brother did a B&E [breaking & entering], he wouldn't be able to get a job in this country. But criminal pharmaceutical companies who have paid the biggest fines in history are able to offer anything. I don't inject things from criminals, I just don't. And these people shouldn't be able to walk the streets let alone tell us, mandate their product.

This is a dangerous situation that we're in. And it freaks me out, yeah.

### **Shawn Buckley**

You're starting to become active. You're starting to do things to kind of try and wake people up, reluctantly. But just tell us what's going on with your mind and the journey that you're experiencing there.

### **Cathy Jones**

You mean, am I becoming an activist?

### **Shawn Buckley**

Yes.

### **Cathy Jones**

I don't know! Obviously, you can tell that I'm a neurodiverse person. I have severe ADHD. I find it hard to be concise. But you know, there's nothing else to do. What I feel is that a lot of people who have an intuitive sense of what's going on, we're not the typical intellectual "straight people" as I used to call them. We're actually kind of the rebels and the black

sheep. A lot of us who meet each other realize that we are— We're not the people in the family who would do things in a very sensible way.

What we need, I feel, is to come back with simple messages. Like the messages people are getting through the narrative, "Do the right thing," kind of thing. I think we need to come back with a campaign of advertising to battle the advertising like, we've got, "DuMaurier is the best cigarette for pregnant people." We need to come back with, "Hey, have you thought about this?" We need messaging. And I would like to connect with other activists in the East Coast and start these campaigns of information.

And I think we need to work locally. I think that there are so many things that our government does without consultation. They need to be brought up short on what they're doing. City councils and local governments, we need to start locally. They put smart meters on our house and interfered with our electrical system; they never asked anyone. They don't ask us when they've increased the electromagnetic fields with small cell microwaves. They haven't asked us in this country for a long time.

There's nothing to trust about this government. And I'm on board with— Everyone feels like, "What are you going to do? What are you going to do?" The truth is this government has never been our friend really, and they've just been pretending. Now their true colours have come out. They really don't care as long as they're making a ton of money. And as far as I'm concerned, the money is in vaccines and the money is in telecommunications. And the people's health can just—who cares?

So, I'm crazy, as you can tell. But the government made me that way. Two years before this happened, it was worse than smoking for old people to be alone, to be isolated.

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Two years before this happened, children should eat more dirt. Suddenly, everybody's taking the microbiome off their hands, everybody's not breathing properly, and they're not allowed to express themselves. The whole thing horrifies me on such a level. The isolation of old people, all of it goes against human life. We need each other. We need to breathe each other in. We need to smell each other. We need to be with each other.

And Canada is proving to be full of classist, ignorant people. And I'm worried for Canada unless these people wake up. The only way they wake up is when they have somebody in their family who they can quite clearly see was injured.

And people think that they're in with these guys, I think Canadians think they're "friendly-wiendy" with these people. But the fact is in a totalitarian regime, which this is quickly becoming, you're nobody's friend, really. There's no play there. You'll never please a psychopath, right? No matter how fast you dance, there's nothing you can do. Eventually they come for you. And there's no way to win in this situation. They really need to be, like, knocked back a couple notches. And the Members of Parliament, I don't know where they are but, if they'd stand up for the people, they'd still have a job in the future.

They're not going to have a job in the future sticking with this guy. The guy who's the prime minister up there? That guy—he's approximating human behavior.

Now I said bad things about the prime minister, so I won't have much of a future.

**Shawn Buckley**

Well, thank you. Those are my questions. I'll see if the commissioners have any questions for you. And there are.

**Cathy Jones**

Oh, hi.

**Commissioner Massie**

Thank you very much, Mrs. Jones.

**Cathy Jones**

Yeah. Thanks.

**Commissioner Massie**

My question is— I kind of relate to what you comment on. My question is, there's going to be a next time. So how do we prepare for that?

**Cathy Jones**

Well, if the people that are starting to wake up now know that we are here. And we have studied protocols. I think that we need to come back together, you know? People need to trust—trust the black sheep of the family. Trust us. We're here.

I don't know what we do next time, but I hope—gosh, don't tell me there's a next time. Oh, God. You know, that's the crazy-making part of all this, is that, there didn't seem to be— I think you wear yourself out trying to talk sense into people. If we can turn the tide so that people do become aware that they're being messed with then we'll have more people going, "Oh, gosh." I mean, there are people in this country who really think that because of the false flag thing in Ottawa, all of those blue-collar workers and wonderful people that came together were actually—

This is crazy. It's crazy, so I don't know. What do you think we should do? What do you think? I know you're supposed to answer the questions too. What should we do?

I think we need to have a campaign that shows people that we humans can survive this. We don't have to roll over for these people. We need to work locally. We need to say "All the people who live on Whiteway Street will not have a 5G tower on our street." We need to go neighbourhood by neighbourhood and say to our city council, "by the way, you're not doing that over here." We need to work locally and we need to let people know what's really going on—that masking is really obedience training.

I don't know. I really think people want it to be over so badly that they don't want to even watch the National Citizens Inquiry because they think, "Oh, for God's sake, that's over." It is not over for so many people who worked so hard in this country on their careers—fire chiefs, paramedics, nurses, teachers. All these people who worked so hard in good faith in this country, to be shocked out of their minds at what happened to them.

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I don't think people understand the fallout and the effect on the healthcare system and what's being dismantled here. And for what? This is not the world we want to live in. They're trying to digitize humanity, and we need to fight back, fight for being allowed to be in this world. We need to be little tiny rebels every day.

A woman told me to put on a mask the other day and I said, "Yeah sure, and you promise to get your head examined, okay?" And my friend was like, "Cathy!" You got to fight every day. I mean, what else are you going to do? What do you think we should do?

Okay, you guys ask the questions. "Ve vill ask ze qvestions." Okay. I don't know.

**Commissioner Massie**

Thank you.

**Cathy Jones**

Anybody else?

**Shawn Buckley**

So one last question and then we'll take a break.

**Commissioner Kaikkonen**

I'll make this an easy one for you. In terms of the smart meters, are you saying the smart meters are not so smart? Wink, wink.

**Cathy Jones**

Wink, wink.

**Commissioner Kaikkonen**

You mentioned those who are owned and those who have sold their soul in some regard, or they're bought. I'm just wondering: you're free. I wonder how we can take your freedom and liberty and be an example to those who are bought and owned and change their perspective that being a slave is not the answer?

**Cathy Jones**

Yeah, you know, I am free. But all of us who have spoken up are— Luckily, I have \$100 in the bank to last me, hopefully, from saving. In this country when you're on TV you don't get royalties, you get bought out. But like a lot of people, I'll never do another comedy festival from CBC or another "Debaters," you know what I mean? I don't have a lot of sources of what I can do. I need to be independent, you're right.

I don't know. Yeah, I don't understand how I would convey that because I don't think people see it that way; because it comes down to security and feeding your family. But I do feel that a lot of people who refuse to see what's going on have been fooled into thinking that credentials really mean something. They don't know how to let go of what they think is their right in this country to have everything that they have. I think that the water is rising

and it has been for years. It used to be that only very poor people were treated very badly by this government. And then the water started rising, right?

It's going to rise so much that there'll be more people joining, and there'll be more people named "Karen" on our team.

**Commissioner Kaikkonen**

Thank you very much.

**Cathy Jones**

Thank you.

**Shawn Buckley**

Thank you. And we do have to take a break.

Cathy, on behalf of the National Citizens Inquiry, we sincerely thank you for coming and sharing with us today.

**Cathy Jones**

Thank you. Thank you.

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***Final Review and Approval: Jodi Bruhn, September 6, 2023.***

*The evidence offered in this transcript is a true and faithful record of witness testimony given during the National Citizens Inquiry (NCI) hearings. The transcript was prepared by members of a team of volunteers using an "intelligent verbatim" transcription method.*

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