

Ryan Orydzuk

Health and Safety Professional



Personal

I was born and raised in Edmonton, Alberta and have lived in Edmonton my whole life. I have been a safety professional in the federal sector for the last decade and have enjoyed the challenges that safety brings. In my personal time I am the father of two wonderful children and spend my spare time writing and playing music.

Experience

Human Resources Business Partner – Alberta/BC/NWT

2017-2022

- Occupational Health and Safety Subject Matter Expert for HRBP Prairie Organization
- Conflict and resolution facilitator
- Safety data analyst and remedial action administrator
- Employee and management liaison officer

Occupational Health and Safety Officer –

Edmonton Mail Processing Plant 2013-2017

- Incident and injury management investigation SME
- Auditing and compliance – warehouse and dock operations
- Emergency management and response
- Unknown substance/hazardous products response trainer
- National hazardous goods auditing & compliance team
- 2015 award for lowest injury frequency recorded at Canada Post

Depot Supervisor – Edmonton Downtown Delivery Depot 2012-2013

- Parcel hub and letter carrier supervision
- Staffing/time & leave coding
- Local Joint Health and Safety Committee Co-chair (Mgt)
- Customer service downtown representative

Education

Alternate Dispute Resolution Training - 2016

First Aid Level A & B and Automatic External Defibrillators - 2015

Queens Mental Health – 2014

Six Sigma Yellow Belt Process Management – 2014

Bachelor of Arts Degree Concordia University – 2004

High School Diploma - 1997

Contact me

Phone:

[REDACTED]

Email:

[REDACTED]

Software

Proficiencies

Microsoft Powerpoint

4.5 / 5

Microsoft Word

5 / 5

Microsoft Excel

3 / 5

Audio Editor Pro

4 / 5

Canada Post

Training Events

Local Joint Health and Safety Committee Management, Incident Investigations, Violence in the Workplace Management, Emergency Management, Compliance & Auditing, Roles and Responsibilities CCOHS

SKILL STRENGTHS

An effective, clear and concise communicator with independent work habits and a strong work ethic. Highly organized, with extremely flexible work availability. Efficient time management skills and can adapt to any dynamic work environment. Diverse educational background, and an enthusiastic attitude towards new challenges.